## Parents: Covid-19 rules from the F.A.

## Parents or guardians:

- Must have given consent to the club for their child to train and play. (*This will be done via the Jotform club registration form*).
- Should be aware that they and their child should self-assess for Covid-19 and if they have any symptoms they should not train, play in or attend a match. (Symptoms might be a temperature above 38.7C; a new continuous cough or a loss of taste or sense of smell).
- Anyone who becomes infected after training or matches should report this to NHS Test & Trace.
- Should travel with their child alone unless absolutely necessary to car-share, in which case masks should be worn.
- o Should park responsibly and enter and leave the ground socially distanced.
- $\circ$   $\;$  Should ensure that their child arrives changed and ready to exercise.
- Should ensure their child has their own water bottle which should be clearly marked.
- Should ensure their child is aware of hand washing requirements and use of sanitiser.
- Should make their child aware that they should not spit.
- Should be aware that shared equipment has to be cleaned before and after use and their involvement in this is a necessity e.g. carry-out portable goals.
- Should be aware that kit must not be shared.
- Unnecessary handling of footballs should be avoided and out of play footballs returned by feet.
- In the case of an injury to your child, you will be invited on to the pitch to assist if possible.

## Spectators:

- Should practice social distancing during games and training.
- $\circ$   $\;$  Should avoid shouting as this can lead to infection when around others.
- Anyone who becomes infected after training or matches should report this to NHS Test & Trace.
- $\circ$   $\;$  Should park responsibly and enter and leave the ground socially distanced.